

VOICE BOOT CAMP



VOICE BOOT CAMP – a workshop series to give your voice a workout!

Join me in The Fugard Theatre Annex for a vocal workout to build vocal muscle. Work your breath; stretch your pitch range; increase your resonance, refine your articulation and focus your energy.

The three workshops will repeat exercise sequences, deepen your voice experience and challenge your vocal stamina.

Actors should wear loose, comfortable clothing and bring a yoga mat or large towel for added comfort for the floor work.

The workshop is for actors who want to boost their vocal craft, enjoy an ensemble experience and revel in text.

VENUE

The Fugard Theatre Annex Upstairs
Harrington Street
Cape Town

PRICE and BOOKING

R500 . Booking with Liz.
Space is limited, so early booking is recommended. Full payment is required one week in advance, contact Liz for EFT details.

DATES and TIMES

Monday 25 November: 17h00 – 18h30

Tuesday 26 November: 17h00 – 18h30

Wednesday 27 November: 17h00 – 18h30

LIZ MILLS

Is a voice and theatre practitioner. A long academic career in the Drama Department at the University of Cape Town provided the context for extensive postgraduate research in voice, international publication and the development of personal techniques for working creatively with the voice.



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